

CONVERSIONS

I'm so pleased that 'Comfy' has made it across the pond!
Below I have added some conversions that you might find useful.
Whilst I haven't added every single measurement, I have added the most common ones, so you shouldn't have to do much converting at all.
Happy cooking!

Chris x

Ingredients

| | |
|--------------------|---|
| Baby Plum Tomatoes | Grape Tomatoes |
| Bloomer Bread | Use French Bread |
| Chilli Powder | Pure Ground Chilli Peppers |
| Coriander | Cilantro |
| Cornflour | Cornstarch |
| Courgette | Zucchini |
| Double Cream | Heavy Cream |
| Gherkins | Pickles |
| Maris Pipers | Use Russets |
| Mature Cheddar | Sharp Cheddar |
| Minced Beef | Ground Beef |
| Plain Flour | All-Purpose flour |
| Prawn | Shrimp |
| Rocket | Arugula |
| Shortcrust Pastry | Pie Pastry |
| Streaky Bacon | Regular Bacon |
| Tomato Puree | Tomato Paste |
| Tomato Passata | Thick and Smooth Pureed/ Strained Tomatoes |

Equipment

| | |
|--------------------|-----------------|
| Baking Paper | Parchment Paper |
| Kitchen Paper/Roll | Paper Towels |
| Grill | Broiler |

Grams to Ounces

| | |
|-------|---------|
| 15g | 1/2oz |
| 30g | 1oz |
| 45g | 1 1/2oz |
| 50g | 1.8oz |
| 60g | 2oz |
| 75g | 2.6oz |
| 90g | 3oz |
| 100g | 3.5oz |
| 120g | 4oz |
| 150g | 5.3oz |
| 175g | 6oz |
| 200g | 7oz |
| 250g | 9oz |
| 300g | 10.5oz |
| 350g | 12.3oz |
| 400g | 14oz |
| 450g | 1lb |
| 500g | 1.1lb |
| 600g | 1.3lb |
| 750g | 1.6lb |
| 1kg | 2.2lb |
| 1.2kg | 2.6lb |
| 1.5kg | 3.3lb |

Temperatures

| | |
|------|------|
| 150C | 300F |
| 160C | 320F |
| 180C | 350F |
| 190C | 375F |
| 200C | 400F |
| 220C | 425F |

Length

| | |
|-------|-------------|
| 1cm | 0.4 inch |
| 2.5cm | 1 inch |
| 3cm | 1.2 inches |
| 8cm | 3.2 inches |
| 9cm | 3.6 inches |
| 12cm | 4.7 inches |
| 16cm | 6.3 inches |
| 20cm | 7.9 inches |
| 26cm | 10.2 inches |
| 30cm | 12 inches |

Flour (inc. cornstarch, tightly packed)

| | |
|------|------------|
| 35g | 1/4 cup |
| 50g | 1/3 cup |
| 75g | 1/2 cup |
| 150g | 1 cup |
| 250g | 1 2/3 cups |
| 450g | 3 cups |

Liquids

| | |
|---------|-----------|
| 15ml | 1 tbsp |
| 60ml | 1/4 cup |
| 80ml | 1/3 cup |
| 120ml | 1/2 cup |
| 180ml | 3/4 cup |
| 240ml | 1 cup |
| 360ml | 1 1/2 cup |
| 480ml | 2 cups |
| 600ml | 2 1/2 cup |
| 720ml | 3 cups |
| 1 litre | 4 cups |

Butter

| | |
|-----|--------------|
| 15g | 1 tbsp |
| 30g | 2 tbsp (1oz) |
| 45g | 3 tbsp |
| 60g | 4 tbsp (2oz) |

Other

| | |
|--|--------------|
| Freshly Grated Parmesan: | 1 cup = 80g |
| Other Grated/Shredded Cheese: | 1 cup = 100g |
| Panko Breadcrumbs: | 1 cup = 60g |
| Sauces (inc. yogurt): | 1 cup = 240g |
| Sugar (inc. tightly packed brown sugar): | 1 cup = 200g |
| Uncooked Rice: | 1 cup = 200g |